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WHAT'S INCLUDED IN THE GUIDE

FOR TEACHERS:

- Teacher Video Course (70 minutes)
- Teacher Blackline Masters
- Goal Setting Worksheets
- Preparing for High School Worksheet Set
- Starting Secondary School Workbook

FOR STUDENTS:

- Student Video Course (12 video lessons - approx 130 minutes in total)
- Preparing for High School Worksheet Set
- Starting Secondary School Workbook
- Quizzes, Handouts, Activity Sheets and Templates

FOR PARENTS:

- Parent Video Course (30 minutes)
- Ebook for Parents
- Checklists, Summary Sheets and Templates



RESOURCE COMPONENTS

TEACHERS:

Teacher Video Course (70 minutes)

- Simulating the High School experience
- Teach students how to manage assignments
- Teach students about independent learning
- Teach students how to study for topic tests
- Touch typing and computer skills
- Goal setting

Preparing for High School Worksheets

- Set up your home study environment
- Use class time effectively
- Know where to get help
- Get yourself organised
- Manage your time at home
- How do you approach assignments?
- How do you make study notes?
- How do you study for tests?
- How do you approach exams?
- How can you do well in your subjects?

Goal Setting Worksheets

- What are goals?
- How to write a goal
- Making your goals smart
- Achieving your goals
- Visualising your goals
- Re-evaluating your goals
- Maintaining your attitude
- Avoiding perfectionism
- Rewarding yourself
- What are you good at?
- Personal qualities goals
- Interests goals
- Family goals
- Friends goals
- Health goals
- Work/study/career goals
- Goals for this year
- Goal action plan
- Your personal mission statement

Starting Secondary School Workbook

- Homework is very different
- Work smart to manage your time
- Being organised makes life easier
- Ask for help often and early on
- Develop skills you need for success
- Look after yourself, your mind and your body

Blackline Masters included for:

- Goal Setting Worksheets
- Starting Secondary School Workbook
- Preparing for High School Worksheets





RESOURCE COMPONENTS

PARENTS:

Parent Ebook

- **Getting Organised**
 - Textbooks, stationery, computers
 - Organising subjects items and information
 - Getting to know your school
 - Orientation day
 - Using public transport
 - Typing
- **Managing the Workload**
 - Understanding the timetable
 - Managing homework
 - Using a weekly planner
 - Using a diary
- **Communicating with Teachers**
 - Communicating differently at high school
 - Why students must communicate with their teachers
 - Speaking to teachers in class
 - School portal
 - Communicating via email
 - Scheduling appointments with teachers
 - Parent-teacher interview
- **Communicating with Your Child**
 - How parents can support their child at high school
 - Questions to ask before the first day
 - Keeping the lines open
 - Do and don't questions
 - Learning to listen
 - Finding opportunities to praise
- **Wellbeing**
 - Support staff at school
 - When to be concerned
 - Avoiding embarrassment
 - Empathy and love
 - Back care
 - Sleep
 - Exercise and nutrition
 - Extra-curricular activities
 - Calming techniques
 - Looking after yourself

- **Social Media and Technology**
 - The Good: positive aspects
 - The Bad: negative aspects
 - The Ugly: cyberbullying
 - School phone use policy
 - Establishing ground rules
- **Making Friends**
 - Starting a conversation
 - Involvement in school activities
 - Parental involvement
 - Party! Party! Party! Safely!



Parent Video Course (30 minutes)

- Touch typing
- Setting up a study space at home
- Get students used to a home learning routine
- Make packing the bag the night before a habit
- Help students use a weekly planner and a term planner
- Teach students basic computer skills
- Watch and discuss the news together
- Encourage critical thinking
- Develop verbal and retention skills

- Read English novels in advance
- Encourage students to write (by hand)
- Address literacy, numeracy problems, handwriting issues and learning difficulties
- Get students familiar with their new school

Additional Resources

- Checklists
- Summary Sheet
- Templates
- Resource links

STUDENTS:

Student Video Course (130 minutes)

- Lesson 1: Getting Organised
- Lesson 2: Important Information to Know
- Lesson 3: Changes in the Way You Communicate
- Lesson 4: The School Portal
- Lesson 5: Urgent and Important
- Lesson 6: Using a Diary & Weekly Planner
- Lesson 7: Organising Your Subjects
- Lesson 8: Communicating with Teachers/Parents
- Lesson 9: Monitoring Yourself
- Lesson 10: Developing New Friendships
- Lesson 11: Become an Independent Learner
- Lesson 12: Managing Assessments

Video Lesson Handouts

- **over 60 pages to accompany video lessons including Worksheets, Activity Sheets and Templates**

Preparing for High School Worksheets

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- How do you approach assignments?
- How do you make study notes?
- How do you study for tests?
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- How can you do well in your subjects?

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Online Quizzes

to reinforce learnings from the video lessons



Starting Secondary School Workbook

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- Work smart to manage your time
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- Ask for help often and early on
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- Look after yourself, mind and body



PRICING FOR SCHOOLS

Number of Years 5/6 and Year 6 or Year 7 classes	Annual School Subscription Price (incl. GST)
1 class	AUD \$150
2-3 classes	AUD \$250
4-5 classes	AUD \$450
6-7 classes	AUD \$650
8-9 classes	AUD \$850
10-11 classes	AUD \$1050
12-13 classes	AUD \$1250
14+ classes	AUD \$1450

**PREPARING
IN PRIMARY
FOR HIGH
SCHOOL
ONLINE
GUIDE**



Note: There is normally a joining fee of \$150 in addition to the above class prices, however this is currently waived for schools who sign up now.

PRIMARY SCHOOLS: Pricing based on the number of Year 6 classes PLUS the number of Years 5/6 classes.

SECONDARY SCHOOLS: Pricing based on number of Year 7 classes. You can distribute to all your incoming students who are currently in Year 6 as well.

F-12 SCHOOLS: Based on the number of Year 6 classes plus the number of Years 5/6 classes **OR** the number of Year 7 classes (**whichever is larger**). You can use the site with BOTH your Year 6 and Year 7 students, but you do not need to add these together.

(E.g. If your school has 3 x Year 6 classes and 5 x Year 7 classes you do not need to subscribe for 8 classes, instead you choose the largest - i.e. sign up for 5 classes.)

HOW TO SUBSCRIBE

- 1: Complete the [School Subscription Form](#) on www.preparinginprimary.com.au
- 2: We send you an invoice within 24 hours (pricing based on number of classes)
- 3: Once payment is received we will activate your subscription and email you details to send to all of the Year 6/7 students, parents and teachers at your school

QUESTIONS

Email Prue and Natalie at:
info@preparinginprimary.com.au

**SUBSCRIBE AND START
HELPING YOUR SCHOOL
COMMUNITY TODAY**